

Conversations for Suicide Safer Homes Training Evaluation



SAFER HOMES
COLLABORATIVE

Safer Homes Collaborative Overview

- Joint effort between the firearm-owning community and suicide prevention community.
- Raise awareness of preventing suicide through safe firearm storage.
 - Community Outreach
 - Service members, veterans, and their families
 - High-risk industry workers
 - Faith-based organizations
 - First responders
 - Trainings
 - Conversations for Suicides Safer Homes (CSSH)
 - Question, Persuade, Refer (QPR)
 - Vital Cog: Suicide Prevention in Construction
 - Safe Storage Mapping
 - Governor's Challenge

Conversations for Suicide Safer Homes

- Adapted from Counseling on Access to Lethal Means (CALM) by the Safer Homes Collaborative.
- Developed to train all audiences on how to prevent suicide through firearm-safe storage.
- SHC has increased the capacity of CSSH instructors throughout the state.
 - Held three CSSH instructor trainings
 - Over seventy CSSH instructors in Missouri

CSSH Instructor Portal

- Login: <https://saferhomescollaborative.org/CSSH>
 - Password: CSSH@MIMH2022
- Hints & Tips
 - Instructor Portal link is not visible on the SHC webpage
 - Save the URL to the web browser favorites
 - Use the "save password" option

CSSH Instructor Portal

- Download the PowerPoint slides

Slides for CSSH

Slides for CSSH - General Audiences

Conversations for Suicide Safer Homes - In-Person slides -

Click the link to download the slides

CSSH In-person Slides September 2023

[Download Slides](#)

Conversations for Suicide Safer Homes Master - In-person workshop +

Conversations for Suicide Safer Homes - In-Person instructor notes +

CSSH Instructor Portal


- Download a PDF copy of the slides

Conversations for Suicide Safer Homes Master - In-person workshop

CSSH_In-person-Slides_May-2024.pdf

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Conversations for Suicide Safer Homes
a CALM-informed training

<https://bit.ly/CSSHPre-Survey>

ACKNOWLEDGMENTS

- CALM Developers**
Elaine Frank
Cathy Barber
Mark Cicca
- Safer Homes Collaborative**
Elizabeth Makulec
Rick Strait
Dr. Elizabeth Sale
Katie Ellison
- With Special Thanks to**
Dartmouth Injury Prevention Center,
Harvard Injury Control Research Center, and
our partners and colleagues working in
firearm suicide prevention



CSSH Instructor Portal

- Download the Instructor Manual

Conversations for Suicide Safer Homes - In-Person instructor notes

CSSH-In-Person-Instructor-Notes-05.30.2024.pdf

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CONVERSATIONS FOR SUICIDE SAFER HOMES

A CALM-Informed Training – for General Audiences

Instructor Notes

May 30, 2024

SaferHomesCollaborative.org

CSSH Instructor Portal

- Access the Videos

Videos for CSSH

Is Your Safety On? -



Elena describes why she's worried about Manny. +

Luis raises his concerns regarding firearm risk to address his friend Manny's safety. +

Barbara gets help from Mike's Dad to address access to firearms +

Mike agreed to let his father change the combination on his gun safe for now. +

CSSH Instructor Portal

- Access some of the evidence-based research for CSSH
- Access additional Materials that support CSSH
- Access FAQs for firearm retailers, owners and instructors.
- Sign-in sheet

Sources for CSSH

- Lubin Israeli Defense Force Decrease Suicide Rated with Policy Change (2010) +
- Gunnell Impact of Pesticide regulations on Suicide in Sri Lanka (2007) +
- Drum Nature of Suicide Crisis in College Students (2009) +
- Deisenhammer Duration of the Suicidal Process (2009) +
- Carroll Repetition of Self-Harm (2014) +
- Canner ED for attempted suicide and self harm (2018) +
- Bryan Stone Rudd Means Reduction Counseling (2016) +
- Britton Motivational Interviewing for Means Restriction Counseling (2016) +
- Barber Miller Firearm Suicide Research (2014) +

Other Materials

- Where We Stand +
- CSSH Instructor Map Private +
- Conversations for Suicide Safer Homes – Veterans and Military Communities Flyer +
- 11 Commandments 4-22-22 +
- Call to Action +
- Firearm Storage Options +
- Missouri Gun Laws +
- Client and Family Handout +
- Helpful Websites to Support CALM +

FAQs

- FAQ for Retailers +
- FAQ for Gun Owners +
- FAQ for Firearm Instructors +

Forms

- Sign In Sheet +

CSSH Evaluation

- What do we want to learn?
 - Does CSSH increase knowledge, comfort, and confidence in those trained to be able to talk to and help someone at risk for suicide?
- Why is this important?
 - To provide empirical evidence to validate the effectiveness of the CSSH training.
- How are we finding out?
 - Collecting pre-, post, and three-month follow-up surveys from CSSH training participants.

CSSH Evaluation

- CSSH instructors trained through SHC are asked to:
 - Conduct two CSSH trainings
 - Register each CSSH training online before the training is held.
 - Collect and send in a sign-in sheet for each CSSH training.
 - Collect pre- and posttest surveys from participants in each CSSH training.

CSSH Training Registration

- Let's do this together:
 - Go to: <https://saferhomescollaborative.org/CSSH>
 - Enter Password: CSSH@MIMH2022
 - Click on CSSH Registration Form
 - Complete the form and submit
 - Once submitted, an email will be sent with confirmation.

Sign-In Sheet

- Download and print sign-in sheet before training.
 - Located on the website
- The sign-in sheet is required at every training. This ensures accurate attendance numbers
 - Not everyone who is registered attends
 - Walk-ins happen
 - Some will opt-out of pre and posttest surveys
- Scan and email sign-in sheet as soon as training is completed.

Collecting Surveys

There are two ways to collect the pre- and posttest survey:

1. QR Codes (the easier and more efficient way)
 - Embedded in the slides at the beginning (pre) and end (post)
 - Instructor can strongly encourage completion of the surveys in person.
2. Email registration link (not so easy and less efficient)
 - An email link is sent to the instructor after training is registered.
 - This link is used to register participants who will be attending trainings.
 - Once a participant is registered, the pretest will be emailed prior to the training and posttest will be emailed after the training.
 - Participants are on their own complete surveys.

Collecting Surveys

- Participants who complete the pre- and posttest surveys will be eligible for the 3-month follow-up survey and a \$25 Amazon electronic gift card.
 - Use this incentive to encourage survey completion.
 - Participants MUST complete the pretest survey before the training begins.
 - Remind participants if they complete the 3-month follow-up survey they will receive a \$25 Amazon gift card.
- Instructors can request to receive participant feedback from their courses to learn from and improve the quality of training.

CSSH Instructor Incentive

- As a thank you for conducting and evaluating CSSH Trainings, you will receive a \$25 Amazon electronic gift card.
- To receive the gift card:
 - Register CSSH training online BEFORE training is conducted.
 - Collect and send in sign-in sheet.
 - Collect pre- and posttest surveys.

CEUs and POST credit

- Participants can receive a certificate of attendance with **FREE** Missouri Institute of Mental Health (MIMH) CEUs or Peace Officer Standards and Training (POST) credit.
 - MIMH awards 1 clock hour or 1.2 contact hours (.12) CEUS for this program
 - Missouri POST Program has approved this course for 1 hour of continuing law enforcement education training in the area of Interpersonal Study.
- To generate a Certificate, participants must access the Post-Survey by scanning the QR code or typing <https://bit.ly/CSSHPost-Survey> into a web browser.
 - Participants must provide their email address so that the certificate can be sent back to them.
 - Some organization's firewalls block our emails. For best results, we recommend participants provide a personal email address to receive the certificate.
 - Participants can advance through the post-survey questions without answering them, if they have decided to opt out.
 - Participants must advance through the questions until they get to the page that asks them to select whether they want MIMH CEUs or POST Credit. They can only choose one.

CEUs and POST credit

- If the participant opts to receive POST credit, the participant must provide their POST License Number. (Instructors will not have this number, but most will know their number.)
- Remind participants to continue advancing through the pages of the survey until they receive they read, "We thank you for your time spent taking this survey. Your response has been recorded."
- A certificate with MIMH CEUs or POST Credit will be generated and emailed to the email address they provided.
 - Certificates are good for three (3) years from the date of the training.
 - MIMH Professional Training retains certificate records for at least three years.
 - The cost associated with MIMH & POST credit is paid for by the SHC grant.
 - Some organization's firewalls block our emails. For best results, we recommend participants provide a personal email address to receive the certificate.

Questions?

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